**Template for formatting a manuscript**

**containing a description of clinical case / series of clinical cases**

The template should include all the materials and data that, in your opinion, should be published in the journal (including figures and tables).

This template is proposed for use when preparing manuscripts containing a description of clinical cases (observations).

The structure of the template should be reproduced in the final version of the manuscript.

If any of the sections of the template are not applicable or irrelevant to the original study being presented, it is necessary to provide appropriate brief explanations (“not applicable”, “irrelevant”, etc.) in the section.

The names of the sections of the manuscript (headings and subheadings) are highlighted in **blue**, explanations for authors – in **black** color. Please, while preserving the names of the sections, replace the text of the explanations with the text of the manuscript.

The [Rules for Authors](https://en.therapy-journal.ru/pages/for-authors.html#rules) must also be followed when preparing the article.

***NB!***

* When writing an article, we recommend you to follow the current version of international recommendations for describing a clinical case, posted on [EQUATOR](https://www.equator-network.org/reporting-guidelines/) (Enhancing the Quality and Transparency of Health Research) resource.
* Each statement by the authors, with the exception of those containing generally known facts, should be accompanied by references to the sources of information. In general, no more than 3 references should be used for each statement. If the statement is based on the opinion of the authors, this should be indicated by expressions such as “in our opinion”, “we believe” or similar.
* In the text of the article, bibliographic references are given sequentially, in ascending order, in square brackets using Arabic numerals.

**CLINICAL CASES**

©Author 1, Author 2, Author 3, Author 4, year [authors are indicated in the format Initials and Surnames; if the article has more than 4 authors, the formulating “Authors’ group, year” is used]

**ARTICLE TITLE**

Indicate the clinical phenomenon (symptom, objective sign, diagnosis, outcome, etc.) and/or medical intervention (preventive, diagnostic, therapeutic, surgical, etc.) that are of greatest interest in the context of the described clinical case.

**Author(s)**

Surname N.N. 1, Surname N.N.2 , …, …, …

**Affiliation**

1Author’s 1 place of work (full official name of the institution, city, country)

2Author’s 2 place of work (full official name of the institution, city, country)

**Summary**

Briefly (up to 1000 characters with spaces) and consistently formulate the following information.

***Abstract.*** Explain the need for public presentation of this clinical case (usually this is a brief, 1–3 sentence, summary of the Introduction section in the main part of the manuscript). Then describe the clinical case: indicate the key clinical, laboratory, instrumental and other parameters, their specific qualitative or quantitative characteristics. Provide the results of medical interventions and/or disease outcomes (if applicable). At the end, formulate the “lessons” learned from the clinical observation.

The summary should not contain references to literature sources.

**Keywords**

Indicate 3–10 words/phrases containing an indication at the clinical phenomenon, medical intervention and/or key demographic characteristics of the patient (e.g. age category, gender, social and/or ethnic group, etc.).

**Conflict of interests**

Please indicate any potential or actual conflict of interests of the authors, i.e. conditions and facts that may affect the conclusions of the submitted manuscript (e.g. funding from interested parties, commercial and non-commercial companies, participation of an interested party in discussing the results, writing the manuscript, etc.).

The conflict of interest of each author must be declared as follows: “N.N. Last name – … (*form of conflict of interests: research grant, lecturing or other indicating the interested party*)”.

If there is no conflict of interests, use the formulating “The authors declare no conflict of interests”.

***NB!***

Each author of the article discloses a conflict of interests for the last 36 months. Declaration of the conflict of interests must contain an indication of all forms of cooperation and other actions related to the definition of a conflict of interests for the specified period, and not only actions related to this manuscript. For more information, see [here](http://vsp.spr-journal.ru/jour/article/view/1687/655).

**Funding information**

You should indicate the source of funding for both the research work and the publication of the article: the title of the planned research work carried out on a state assignment, grant number and name of the foundation, commercial or state organization, private individual, etc. Indication of the amount of funding is not required.

If there is no funding source, note: “Source of funding: None.”

**INTRODUCTION**

Determine the context that emphasizes the uniqueness of the presented observation or the need to analyze a typical clinical situation. The section should be completed by formulating the purpose of describing the clinical case.

Explain why this case is important, why it is described.

The section should not be redundant. The optimal volume is 1 page. Providing an extended literature review on the described nosology is in most cases inappropriate.

**CLINICAL CASE DESCRIPTION**

*Complaints, key peculiarities, medical anamnesis and family anamnesis*

This section should describe the patient’s initial condition (age is also specified) at the time the medical staff saw / interviewed him / read the incoming medical documentation. If the patient’s condition changed during observation and these changes are of interest and should be described as an integral part of the clinical case, indicate these changes in chronological order, giving a reference to the events.

*Results of physical, laboratory and instrumental examination*

If you are describing a clinical case during which any examination / consultation / examination / testing was carried out, present their results. When providing test results that differ from normal, be sure to indicate the norm in brackets at the first mention.

The results of the studies should be described in the chronological order in which they were performed. If possible, the date (and time, if necessary) of the relevant studies should be indicated.

The results of studies performed before the time described in the article should be included in the previous section as anamnesis data.

*Differential diagnostics, diagnosis*

If differential diagnostics is the subject of interest in a given clinical case, the range of nosologies that were included in the differential diagnostic search should be described, with an explanation of the reasonability of including/excluding the corresponding options.

*Treatment*

If any treatment (drug/surgical/psychotherapeutic/non-drug) was carried out, and it was directly related to the clinical case which is under consideration and this treatment is of interest for discussion in the article, it should be described in as much details as possible. All drugs used are indicated only in the form of international nonproprietary names (INN). Doses should be given in absolute units in SI system (mg, g, ml, IU, U), and not in semi-quantitative measures (tablets, spoons, cups).

*Outcome, prognosis, and follow-up results*

Be sure to describe the outcome, even if it is negative or if follow-up is still ongoing. If there is no information about the patient’s subsequent condition, also write about this and, if possible, provide the reason.

**DISCUSSION**

This section should not be redundant: the discussion should concern the specific case / case series presented in the article. References to descriptions of similar cases in other sources (with links to these sources) are welcome.

This section should not include a discussion of the possibility of extrapolating the described observations to the general population of similar patients.

**CONCLUSION**

A clinical case as a single observation does not allow for unambiguous conclusions from the standpoint of evidence-based medicine, so this section should not include conclusions about efficacy, advisability, safety, etc.

We recommend formulating key points for the reader – 3–5 points (small sentences) that will briefly summarize the most significant thoughts: what the reader should remember from what they have read and take with them into everyday clinical practice.

***Informed consent***

This section must indicate that the patient(s) voluntarily signed informed consent for the publication of personal medical information. A scanned image of the signed informed consent should be sent to the editors as a separate file along with the manuscript and other accompanying documents.

**Example of formatting:**

*Informed consent*

Written voluntary informed consent was obtained from the patient for the publication of photographs, examination and treatment results.

***Acknowledgments***

The authors may express gratitude to those whose contribution to the study was insufficient to be recognized as co-authors (for more details, see [here](http://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html)), but is considered significant by the authors (consultations, technical assistance, translations, etc.).

**REFERENCES**

Only published materials are included in the list of references (references to Internet resources are allowed). Self-citation should be avoided unless it is absolutely necessary (for example, if there are no other sources of information or the present work is based on or continues the cited studies). Self-citation should preferably be limited to 3 references.

All works are listed in the order of citation, NOT in alphabetical order.

Indication of doi (individual identification number) of each cited article (if any) is obligatory.

Detailed rules for formatting references are available [here](https://en.therapy-journal.ru/pages/for-authors.html#references).

**AUTHORS’ CONTRIBUTION**

For groups of authors, it is necessary to indicate the contribution of each author to the research and creation of the article. The following participation options may be available: article concept, research concept and design, writing the text, collecting and processing material, literature review, material analysis, statistical processing, editing, approval of the final version of the article, etc.

**Example:**

Ivanov A.A.: research concept and design.

Petrov B.B.: collecting and processing materials.

Sidorov V.V.: analysis of the obtained data, writing the text.

If the authors made an equal contribution, indicate: “The authors contributed equally to all stages of the work and preparation of the article.”

**INFORMATION ABOUT THE AUTHORS**

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– academic degree, academic title;

– position;

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**Sample of information about the author:**

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